

Mastering Evidence-based Practice

UK Occupational Therapy Research Foundation

Building the evidence – creating the future



Thursday 5 March 2009
09.30–16.15

College of Occupational Therapists
106-114 Borough High Street, Southwark, London SE1 1LB

This is the second event of the UK Occupational Therapy Research Foundation (UKOTRF), which was launched in 2007 with the goals to build an evidence base for occupational therapy, to increase research capacity and to raise public awareness of the contribution of occupation to people's health and wellbeing.

The day is aimed at occupational therapists and other allied health professionals who wish to develop their knowledge of evidence-based practice, and particularly for them to acquire skills in critical appraisal and an awareness of research implementation and utilisation methods. Participants will hear from several experts in evidence-based practice and receive practical advice and training on how to access, appraise and implement research evidence in practice. Above all, this event provides a valuable opportunity for occupational therapists to ensure their practice fulfils professional requirements (COT 2005). All profits will be donated to the UKOTRF, and will help fund occupational therapy research.

Keynote speaker:

Collaborating to achieve evidence-based practice

Dr Mary Hickson, Therapy Research Lead, Imperial College Healthcare NHS Trust

Plenary sessions:

Appraising quantitative research evidence

Dr Krycia Dziedzic, Primary Care and Health Sciences Research Institute, Keele University

Appraising qualitative research evidence

Dr Anita Atwal, Director of the Centre for Professional Practice Research, Brunel University

Workshops:

- **Database searching** - *Andrew Hughes, College of Occupational Therapists*
- **Grey literature and other sources of evidence** - *Anne Jenkins and Jennifer Creek, COT*
- **Research utilisation: What is it? What skills do you need?** - *Dr Katrina Bannigan, York St John University*
- **Developing practice guidelines** - *Dr Judi Edmans, Nottingham University*
- **Using the evidence to improve outcomes for service users** - *Julie Coleman, Sheffield Hallam University*

Delegates may attend any two workshops of their choice.

Exhibition &

Sponsorship enquiries:

If you are interested in exhibition or sponsorship opportunities please contact
Caroline Grant, Events & Marketing officer on 020 7450 2300, email: caroline.grant@cot.co.uk

Donations:

If you would like to make a donation to the UK Occupational Therapy Research Foundation, see the booking form for details or please contact researchfoundation@cot.co.uk

Free events offer:

All OT personnel can join the British Association of Occupational Therapists. If you encourage two colleagues who are non-members to join they will enjoy all the benefits of membership and you can claim a free place on one of our events. For more information see: www.cot.org.uk/public/membership/membergetsmember.php



All UK Occupational Therapy Research Foundation events are approved by the College of Occupational Therapists and are designed to support your continued professional development. Authorised certificates of attendance are issued to all delegates attending a COT approved event.

